

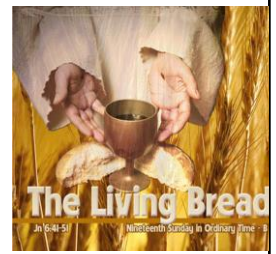


# Holy Family Parish Northeast Mallee

northeastmallee@ballarat.catholic.org.au 03 50324144

Website: northeastmallee.org.au

*Incorporating the Communities of St Mary's Sea Lake, Sacred Heart Culgoa, St Joseph's Nandaly, S's Peter & Paul Quambatook & St Mary's Swan Hill as well as the Lake Boga Families & Faith Group*



## 11<sup>TH</sup> AUGUST 2024: 19<sup>TH</sup> SUNDAY IN ORDINARY TIME

### *FOOD FOR THE JOURNEY*

If you visit the Cathedral in Ballarat, just to the right of the main altar is the Blessed Sacrament Chapel. Above the tabernacle there is a beautiful stained glass window dedicated to the awesome gift of the Eucharist. At the centre of the window is an image of the Last Supper. No prizes for guessing why they chose that scene! Below the Last Supper are three more little scenes from the Old Testament. One is a depiction of the people collecting the manna during their time of wandering in the desert (just like we heard about last week), one is Abraham offering gifts of bread and wine to the Priest Melchizedek as a thanksgiving sacrifice, and the last Elijah being told to 'Get up and eat', which is the story we hear in today's First Reading.

So what is Elijah's story again? He has basically given up. He is exhausted and completely run down. It seems nothing he has done has had any effect, and indeed things seem even worse than when he started. But as we hear, God sends an angel to comfort him and simple bread and water to strengthen him. It hardly looks like much, just simple bread and water, but it is enough to both revive him and also sustain him for the journey ahead. We don't hear the end of the story today, but that journey ends on Mount Horeb, where Elijah is invited to meet God face to face, and to spend time in God's presence.

So, why do we hear this story at Mass today, and why is it depicted in the window? And what of the other two scenes? Well, each in their own special way are recognised as a foretaste or pre-figurement of the awesome gift God was later to give us in the Eucharist. Or to put it another way, they were like a preview or teaser. They gave a little taste of the complete and perfect gift God was preparing for his People, and that gift is completed with the coming of Christ and the Institution of the Eucharist.

*The Eucharist is our true Food for the Journey.* Christ has come as the Bread of Life, so that we may eat and have our fill. He shares his Life with us in the Eucharist, so that just like Elijah we can be revived and sustained. If we are downcast or worn out, he can lift us up. And remember how the simple bread and water Elijah was enough to carry him into God's presence on Horeb? So too, this Bread of the Eucharist that we share in today carries us into Christ's Presence. In fact, it *is* His Presence among us, as we believe that Christ is truly and really present to us in the Eucharist. But more on that next week, as we continue with John 6 and Jesus completes his sermon.

### *HAPPY FEAST OF THE ASSUMPTION!*

We pray in a special way for St Mary's Sea Lake and St Mary's Swan Hill who both celebrate their Feast days this week. We hope the staff and students all have a great day on Thursday. St Mary's Swan Hill will celebrate Mass at the school at 10am, followed by a concert with Gen Bryant and her crew after Recess. St Mary's Sea Lake will celebrate with a Liturgy at 1pm.

We also have a special celebration Thursday night- see inside for the flyer!

#### **Parish Contact Details:**

Po Box 71 Swan Hill, Vic 3585

Phone: 03 5032 4144

northeastmallee@ballarat.catholic.org.au

Website: northeastmallee.org.au

**Office Hrs:** Tues, Thurs and Fri 10:30 -2:30

#### **Parish Priest**

Fr James Kerr

#### **Parish Office:**

Glenda Klabbers & Mary Kennedy

#### **Child Protection Officers:**

Tony and Joelle Whiting

#### **Child Safe Church**

Here in the Parish of Holy Family North East Mallee we follow the Child Safe Standards outlined by the Victorian Government and we also implement procedures and standards as directed by the Ballarat Diocesan Office.



*PLEASE KEEP IN YOUR PRAYERS*

**RECENT DEATHS+**

Lorraine McDade (Bendigo)

Ella Duryea

**ANNIVERSARIES OF DEATH**

Matthew McInerney, Peter Walsh, Tim McInerney  
Andrew Walsh, Helena Ryan, James Irwin  
Bill Woodhouse, Mark McMahon, Lawrence Cloonan  
Robert Barry, Jim Meehan, Therese Barry  
Eileen Conlan, Patricia O'Brien

**SICK LIST**

Pat Croft, Yvonne Richardson, Paul Donohue,  
Jayden Williams, Margaret Foott,  
Jarrod Crimmins, Michael Bourke, Jack Donohue,  
Jude Lewis, Susan, Yvonne Annan,  
Bridget Phyland, Carmel Ryan, Peter Amezdroz

**THIS WEEKEND 10<sup>TH</sup>/11<sup>TH</sup> AUGUST  
19<sup>TH</sup> SUNDAY IN ORDINARY TIME**

Saturday 6pm Swan Hill

Sunday 8.30am Quambatook

Sunday 10:30am Swan Hill

Sunday: 5pm Nandaly

**WEEKDAYS IN SWAN HILL**

Tuesday 5.30pm

Wednesday: 10am Mass

Thursday: **Feast of the Assumption of Mary**

Confessions 5pm, 5.30pm Mass,

**Adoration & Worship led by Gen Bryant & Band**

Friday: 11.30am Mass

**NEXT WEEKEND 17<sup>TH</sup>/18<sup>TH</sup> AUGUST  
20<sup>TH</sup> SUNDAY IN ORDINARY TIME**

Sat 6pm Swan Hill

Sunday 8.30am Culgoa

Sunday 10:30am Swan Hill

**NOTICES**

**BAPTISM WELCOME**

A special day on Sunday as we welcome four new members to God's family; Ian & Dianne are presenting their son Daniel Tang, Jason & Amanda their son Reid Smith, Adam & Brianna their son Hudson Goodger, and William & Cassandra their daughter Lucy Gleeson. Special blessings and prayers for you all today! Thank you for presenting your little ones, and welcome to God's family!

**FESTA DELLA MADONNA: AUGUST 4<sup>TH</sup> 2024**

A huge thank you for all who contributed to last week's celebrations! We are so truly blessed to have such generous and dedicated contributors in our Parish so that we can share these special moments together!



**MONTHLY MORNING TEA**

The monthly Sunday Morning Tea will recommence on Sunday 1<sup>st</sup> September, due to the Festa being held on Sunday 1<sup>st</sup> August. As the morning tea is increasing in numbers, and proving popular for the parish get together, if you would like to contribute on the day a slice/cake, it would be well received.

**HAVE YOU THOUGHT?**

Why were the people concerned by Jesus describing himself as coming down from heaven?

What words/images does Jesus use to reinforce his closeness with the Father?

In what ways is 'bread' both a suitable and challenging image for Jesus?

Why is the regular reception of communion such an important element of the Catholic faith?

**READINGS NEXT WEEK:**

*20th Sunday in Ordinary time*

First Reading: Proverbs 9:1-6

Second Reading: Ephesians 5:15-20

Gospel: John 6:51-58

**Our Parish Schools**

**St Mary's Primary School Sea Lake**

Principal: Kate Nunn

47 Hannon Street, Sea Lake

Ph: 03 5070 1272

[Principal@smsealake.catholic.edu.au](mailto:Principal@smsealake.catholic.edu.au)

**St Mary's Primary School Swan Hill**

Principal: Kate Quin

2 Murlong St Swan Hill

Ph. 03 5033 2541

[principal@smswanhill.catholic.edu.au](mailto:principal@smswanhill.catholic.edu.au)

**St Mary MacKillop College**

Principal: Michelle Haeusler

53 McCrae Street, Swan Hill

Ph: 5032 9771

[Principal@mackillopsh.vic.edu.au](mailto:Principal@mackillopsh.vic.edu.au)



## **'Be Still And Know I Am God'**

An Hour of Adoration & Praise

Thurs 15<sup>th</sup> August

St Mary's Church Swan Hill

5:30pm Mass Feast of the Assumption

6-7pm Adoration & Praise

Led by Gen Bryant and her Band

*Opportunity for Fellowship to Follow*

*All Welcome*



**FIRST READING** 1 Kings 19:4-8

*A reading from the first book of Kings  
Strengthened by the food, he walked to the mountain of  
the Lord.*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

*The Word of the Lord. ALL: Thanks be to God.*

**RESPONSORIAL PSALM** Ps 33:2-9. R. v.9

**(R.) Taste and see the goodness of the Lord.**

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad.

Glorify the Lord with me.  
Together let us praise his name.  
I sought the Lord and he answered me;  
from all my terrors he set me free.

Look towards him and be radiant;  
let your faces not be abashed.  
This poor man called; the Lord heard him  
and rescued him from all his distress.

The angel of the Lord is encamped  
around those who revere him, to rescue them.  
Taste and see that the Lord is good.  
He is happy who seeks refuge in him. **(R.)**

**SECOND READING** Ephesians 4:30 – 5:2

*A reading from the letter of St Paul to the Ephesians  
Walk in love, just as Christ.*

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

*The Word of the Lord. ALL: Thanks be to God.*

**GOSPEL ACCLAMATION** John 6:51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.

Alleluia!

**GOSPEL** John 6:41-51

*A reading from the gospel according to John.  
I am the living bread come down from heaven.*

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day.

It is written in the prophets:

They will all be taught by God,  
and to hear the teaching of the Father,  
and learn from it,  
is to come to me.

Not that anybody has seen the Father,  
except the one who comes from God:  
he has seen the Father.

I tell you most solemnly,  
everybody who believes has eternal life.  
I am the bread of life.

Your fathers ate the manna in the desert  
and they are dead;

but this is the bread that comes down from heaven,  
so that a man may eat it and not die.

I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;  
and the bread that I shall give  
is my flesh, for the life of the world.'

*The Gospel of the Lord.*

*ALL: Praise to you Lord Jesus Christ*

